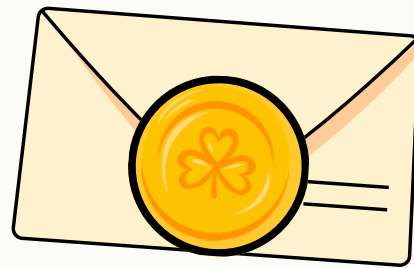


Coy D. Estes Senior Housing Newsletter



MARCH 2026



STAFF

Managing Director:

Tanya Burdick

Asst. Director:

Vanessa Ochoa

Asst. Manager:

Heather Hornecker

Maintenance

Technician:

Jeff Samsel

Maintenance

Technician:

Mike Edwards

Office Hours



Mon-Fri

8:00am-5:00pm
12pm-1pm (closed)

Office Phone
(909) 981-7160

Maintenance Emergencies

ALL MAINTENANCE

EMERGENCIES (AFTER OFFICE HOURS) (909) 851-3627

260 N. 3rd Ave Upland, CA 91786



March Days to Celebrate

Womens History Month

March 2 – Dr. Seuss Day / Read Across America

March 8 – International Women’s Day

March 12 – Girl Scouts Day

March 17th – St. Patricks Day

March 20 – First Day of Spring (Spring Equinox)





March



HAPPY
BIRTHDAY



Alan Warren- March 1st

Yamima Youssef-March 1st

Janice Kreft -March 3rd

Jose Benavides-March 3rd

Louise Raugi -March 7th

Suzanne Salazar-March 10th

Mary Kauffman-March 11th

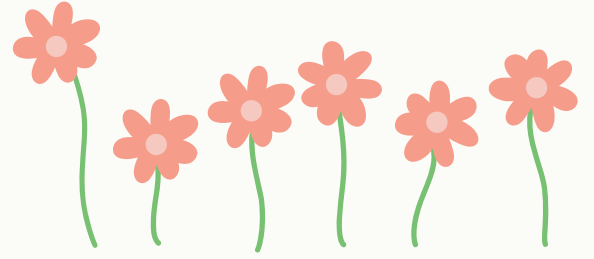
Geraldo Alvarado-March 19th

Eunice Lee- March 20th

Jerina coyler- March 20th

Happy
Birthday

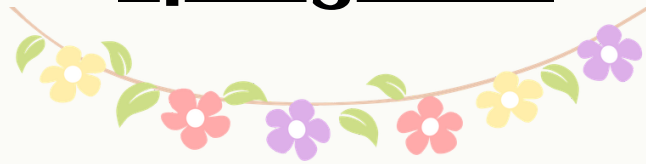
CDE TEAM



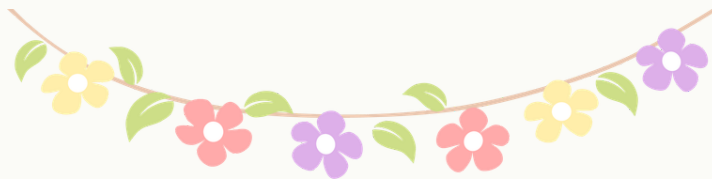
Tanya Burdick

March 6TH

Spring Time



**First day of spring
Friday, March 20, 2026**



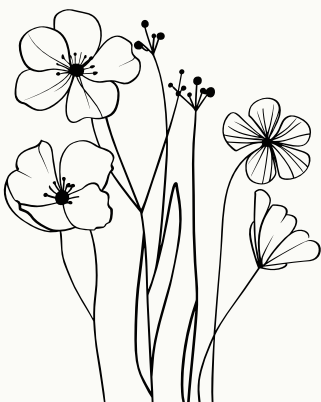
DAYLIGHT SAVINGS TIME

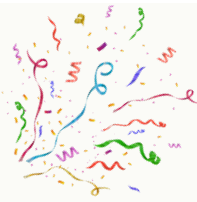


Sunday, March 8, 2026 at 2:00

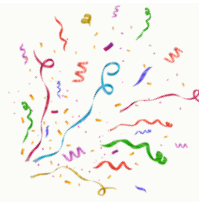
a.m. local time

(clocks go to 3:00 a.m.)

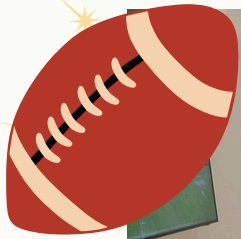




Super Bowl



Thank you to everyone who came out to celebrate the Super Bowl! 🏈🎉 It meant so much to see our community and neighbors come together, share great food and make new memories. We are so grateful for the spirit, energy, and support you brought! Thank you for taking time to celebrate with us and being part of our wonderful community! ❤️



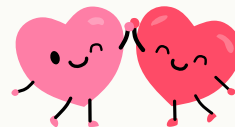
Congrats to Pam on Winning the What Brings you Joy Raffle!



She shared that living at Coy D. Estes fills her heart with joy, especially with the support of family, friends, and good



health.



Don't forget to take part in our community raffles when they pop up—they're a great way to join the fun and maybe even take home a prize!

Thank you to everyone who came out to our Valentine's Coffee & Donuts celebration! We truly enjoyed seeing our community come together, catch up, and share time with one another. It's always wonderful to see the connections and friendships that make our community so special. We appreciate everyone who joined us and helped make it such a sweet event!



Jr Assistance League coming!

We're excited to share that the Jr. Assistance League will be joining us on March 7th from 10:00AM to 11:30AM in the Courtyard! 🌸

Please be sure to sign up via sign-up sheet in B-lobby. If the weather doesn't cooperate, no worries – we'll move the fun indoors to the B Building lobby!

We hope to see you there!



They'll be playing Bingo and serving a delicious brunch for the residents, so come ready for some fun, food, and friendly competition!

Hand and Foot in Coffee Room (B bldg).



No skills required!



Everyone is welcome, come make some friends and join the fun!

Fridays in the Coffee room at 1pm!

UPLAND IRISH FESTIVAL



MARCH 13TH & 14TH, 2026

WITH SPECIAL PERFORMANCES BY

**Seamus • The Gaslighters • Moon Colony
Upland Pipe Band • Relic Radio • Your Guilty Pleasure
Toxic Hunger • Live DJs and Much More!**

**LIVE ENTERTAINMENT • KIDS ZONE
BAR TOUR • GAMES, CONTESTS & MORE!**

IN HISTORIC

DOWNTOWN UPLAND

UPLANDIRISHFEST.COM

Welcome to the Upland Irish Festival – where we bring a touch of Ireland to Southern California! Join us on March 13th-14th for a diverse celebration of food, music and fun.

Satisfy your taste buds with a variety of flavors, from the savory to sweet delights, paired with a selection of refreshing drinks. The festival is not just about food – it's an immersive experience for the whole family. Enjoy games suitable for all ages, axe throwing for the adults, a kids activity area and dance to upbeat music in the center of the festival.

Explore the marketplace showcasing a range of goods, from handmade crafts to unique treasures. Find that special souvenir to remember your time at the festival.

The main stage comes alive with live entertainment, featuring a mix of music genres. From traditional tunes to contemporary performances, there's something for everyone.

Join us at the Upland Irish Festival for a two-day celebration of culture, community, and camaraderie with maybe a touch of tradition. Save the date, invite your friends and family, and let the festivities begin in Upland, California!

Cheers!





BIBLE STUDY

TUESDAYS, March 3, 10, 17, 24 & 31

2:30pm – 3:30pm

in the Library

Led by Pastor Jim Smith

from San Antonio Heights Community Church

*Please join us for lively discussions and also learn
how the Bible relates to us in the present time.*

All denominations welcome

Coy D Estes Senior Apartments



Please join us for
Catholic Holy Communion

Distributed by Eucharistie Ministers from St. Joseph
Catholic Church, Upland, CA
followed by praying the Rosary together.

2nd Tuesday of the month
Tuesday, March 10, 2026

March

10:00am * Building B - The Library



All are welcome For further information...
Nancy Thouvenell (909) 730-3484

Under the direction of Fr. Freddy Ledesma * St. Joseph Catholic Church, Upland

COY D. ESTES SENIOR HOUSING

LUCKY MEMORIES BULLETIN



BOARD

Starting March 2nd (after lunch) Residents are welcome to:

- Add a photo
- Write and share a “Lucky Memory.”
- Help us fill our bulletin board with happy moments and smiles

Stop by anytime and share a memory you’d like others to enjoy! Thank you for being part of our community ♥