

# COY D. ESTES SENIOR HOUSING NEWSLETTER

February 2026

**Managing Director:**

● **Tanya Burdick**

## STAFF

**Asst. Director:**

**Vanessa Ochoa**

**Asst. Manager:**

**Heather Hornecker**

**Maintenance**

**Technician:**

**Mike Edwards**

**Maintenance Technician:**

**Jeff Samsel**

## Office Hours

**Mon-Fri**  
**8:00am-5:00pm**  
**12pm-1pm (closed)**  
**Office Phone**  
**(909) 981-7160**

## Maintenance Emergencies

**ALL MAINTENANCE**  
**EMERGENCIES**  
**(AFTER OFFICE HOURS)**  
**(909) 851-3627**  
**260 N. 3rd Ave**  
**Upland, CA 91786**

## February Days to celebrate

**Black History Month**

**Feb 2<sup>nd</sup> - Ground hog Day**

**Feb 8<sup>th</sup> - Superbowl Sunday**

**Feb 14<sup>th</sup> - Valentines Day**



**Feb 16<sup>th</sup> - Presidents Day**

**Feb 17<sup>th</sup> - Mardi Gras**

**Feb 17<sup>th</sup> - Random Acts  
of Kindness Day**

**Feb 18<sup>th</sup> - Ash Wednesday**





# Happy Birthday

**February 3<sup>rd</sup> - James Foster**

**February 6<sup>th</sup> - Dora Mauriz**

**February 9th - Dalad Nugsien**

**February 11th - Lourdes Marquez**

**February 21st - Margie Saldibar**

**February 22<sup>nd</sup> - Gloria Caruth**

**February 24th - Kathleen Batchelor**

**February 27<sup>th</sup> - Betsy Calderon**



happy ♡  
Valentine's  
Day





## Girl SCOUTS COMING:

**FEB 5<sup>TH</sup> @4:30PM-5:30PM**

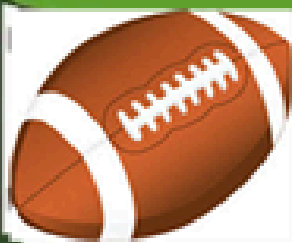


- Most cookies: \$6 per box
- Specialty flavors

(S'mores and Toffee-tastics): \$7 per box

Don't miss out on these sweet delights—stop by and support the Girl Scouts. We can't wait to see you there!

<b>Adventurefuls®</b> • Real Cocoa Indulgent brownie-inspired cookies with caramel flavored crème and a hint of sea salt Approximately 15 cookies per 6.3 oz. pkg. \$ <u>6</u> U D 	<b>Lemon-Ups®</b> NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS Crispy lemon flavored cookies with inspiring messages to lift your spirits Approximately 12 cookies per 6.2 oz. pkg. \$ <u>6</u> U D 	<b>Trefoils®</b> Iconic shortbread cookies inspired by the original Girl Scout recipe Approximately 38 cookies per 9 oz. pkg. \$ <u>6</u> U D 
<b>Do-si-dos®</b> • Made with Natural Flavors • Real Peanut Butter • Whole Grain Oats Oatmeal sandwich cookies with peanut butter filling Approximately 20 cookies per 8 oz. pkg. \$ <u>6</u> U D 	<b>Samoas®</b> • Real Cocoa • Real Coconut Crisp cookies with caramel, coconut, and dark chocolaty stripes Approximately 15 cookies per 7.5 oz. pkg. \$ <u>6</u> U D 	<b>Tagalongs®</b> • Real Cocoa • Real Peanut Butter Crispy cookies layered with peanut butter and covered with a chocolaty coating Approximately 15 cookies per 6.5 oz. pkg. \$ <u>6</u> U D 
<b>Thin Mints®</b> • Made with Vegan Ingredients • Real Cocoa Crisp, chocolaty cookies made with natural oil of peppermint Approximately 30 cookies per 9 oz. pkg. \$ <u>6</u> U 	<b>Exploremores™</b> • Real Cocoa NATURALLY AND ARTIFICIALLY FLAVORED Rocky road ice cream-inspired cookies filled with flavors of chocolate, marshmallow and toasted almond crème Approximately 18 cookies per 7.9 oz. pkg. \$ <u>6</u> U D NEW! 	<b>Toffee-tastic®</b> • No Artificial Flavors GLUTEN-FREE Rich, buttery cookies with sweet, crunchy toffee bits Approximately 14 cookies per 6.7 oz. pkg. \$ <u>7</u> U D CERTIFIED NSF GLUTEN-FREE 



# Super Bowl *party*

**Sunday  
February 8<sup>th</sup>  
in the LIBRARY**

**Pre-game show starts at 3:00 p.m.**

**Game starts at 3:30 p.m.**

**Join your CDE friends & neighbors to  
watch the Super Bowl on our giant TV!**

**Please bring snacks and  
non-alcoholic beverages  
If you wish to munch during  
the game.**

**< Sign-up in the B-Lobby >**





# VALENTINE'S DESSERTS & COFFEE GATHERING



Join us for a sweet celebration of love on  
**Wednesday, February 11th**

We're hosting Valentine's Desserts and Coffee at the BBQ courtyard  
(weather permitting) or in the lobby if its raining.

**Date: Tuesday, February 11th**

**Time: 10am-11am**

**Location: BBQ Courtyard (or B Lobby if weather doesn't permit)**

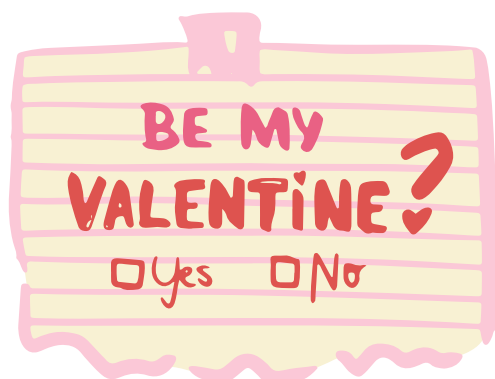
Secure your spot by signing up at the sheet in B lobby.


Don't miss out on the delicious treats with your neighbors!

See you there!


**Please remember this is a RESIDENT ONLY event.**

**Thank you.**





# Jukebox Valentine's Hoedown Dance



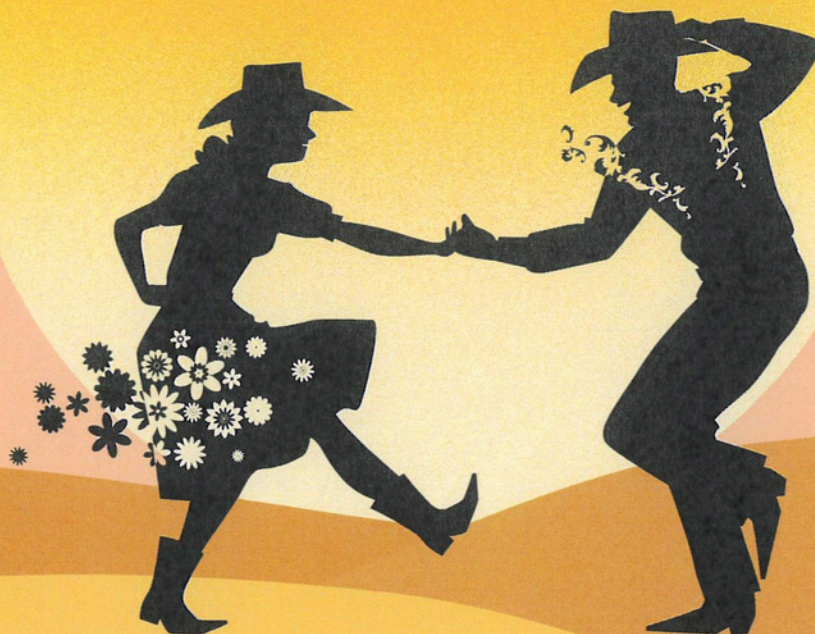
**\$5 Per  
Person**

*Yeehaw your way to  
the dance floor!*

4:00 p.m.

7:00 p.m.

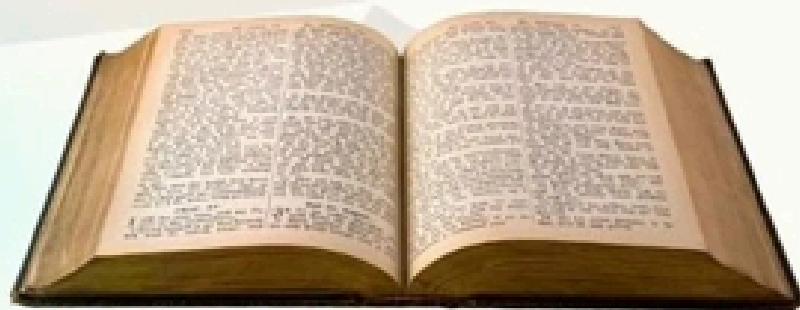
Friday, February 13



Pre-registration is suggested, space is limited.

For more information, please call (909) 981-4501.

George M. Gibson Senior Center, 250 N. 3rd Avenue, Upland, CA 91786



# BIBLE STUDY

**TUESDAYS, February 10, 17 & 24**

**2:30pm – 3:30pm**

**in the Library**

Led by Pastor Jim Smith  
from San Antonio Heights Community Church

*Please join us for lively discussions and also learn  
how the Bible relates to us in the present time.*

*All denominations welcome*

# Coy D Estes Senior Apartments



Please join us for  
**Catholic Holy Communion**

Distributed by Eucharistic Ministers followed by  
praying the Rosary

St. Joseph Catholic Church, Upland, CA

**Tuesday, February 10, 2026**  
**10:00am \* Building B - The Library**



**ASH  
WEDNESDAY**

**February 18, 2026**

Ashes will be distributed on Ash Wednesday  
by Eucharistic Ministers from St. Joseph Catholic Church  
10:00am in the B Building - The Library

All are welcome For further information...  
Nancy Thouvenell (909) 730-3484

Under the direction of Fr. Alex Rodarte \* St. Joseph Catholic Church, Upland