



Coy D. Estes Senior Housing



October 2022

OFFICE HOURS

MONDAY- FRIDAY

8:00 A.M.- 5:00 P.M.

OFFICE TELEPHONE

(909) 981-7160

Staff:

Tanya Burdick, Project Manager

Tiffany Harms, Assistant Manager

Mike Edwards,

Maintenance Technician

Jeffrey Samsel

Maintenance Technician

ALL MAINTENANCE

EMERGENCIES

(AFTER OFFICE HOURS)

(909) 851-3627

260 N. 3rd Ave

Upland, CA 91786

CDE 25th Anniversary

Party

October 29, 2022

Saturday

Office is closed

October 31, 2022

Monday





CDE 25th Anniversary Luncheon

Saturday

October 29, 2022

2:00 p.m. in the BBQ Courtyard

Please do not come earlier than 2pm.

The event is FREE! (resident's only).

You must come by the office to pick up a
ticket.

Please pick up your ticket no later than

October 13, 2022 Thursday.

OCTOBER BIRTHDAYS

Cathy McCluskey - October 4

Forest Jones - October 7

Susan Bonfiglio - October 11

Mercedes Garza - October 13

Violedy Caicedo - October 22

Fred Marquez - October 28

Betty Hamlin - October 30

Berta Giraldo - October 30





CDE VAN



In an effort to keep both our residents and driver safe we have implemented the following rules for the CDE van:

Van services are offered Mondays

9am - Grove to 2nd Avenue / Vons

9:30am - Euclid to Benson Avenue

Sign up in the B Lobby

**PICK UP AND DROP OFF AT THE FRONT
CIRCLE DRIVEWAY**

**** Special announcement****

No longer limited passengers on each trip.

Driver and residents must wear a face covering
when on the van.

* Any resident who is ill may not ride on the van.

* All seats, headrests, seatbelts, handrails, and lift handles will be
cleaned.



Upland Recreation & Community Services

GEORGE M. GIBSON SENIOR CENTER 2022 SENIOR HEALTH & WELLNESS FAIR

**Friday, October 7, 2022
8:00 a.m. - 12:00 p.m.**

*** Health Screenings * Vendors**

*** Flu Vaccines Provided By: Vons/Albertsons**

*** COVID19 Vaccines Provided By: The County of San Bernardino**

*** Tai Chi Demo & Virtual Hatha Yoga Demo**

*** Free Chair Massages**

\$3 BBQ Grilled Hot Dog Lunch

**Hope to
see you there!**

**For more information,
Please call (909) 981-4501.**

George M. Gibson Senior Center, 250 N. 3rd Avenue, Upland, Ca 91786

BIBLE STUDY

Tuesday, October 18 & 25

3:00pm – 4:00pm

in the Library

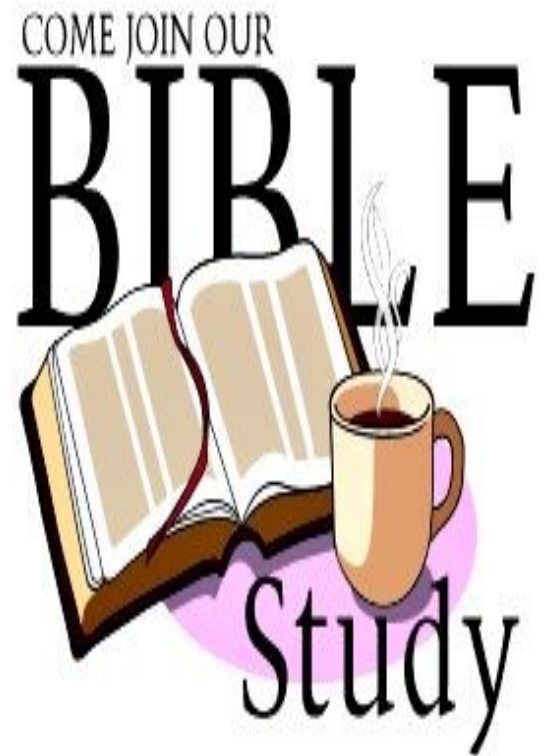
Please join Pastor Jim Smith

from San Antonio Heights Community
Church

Sing a little ... Pray a little.

All denominations welcome.

Everyone is welcome!



Lets get together and play Hand & Foot!

No skills or experience required!

Everyone is welcome come make some friends and join the fun!

Fridays in the Coffee room at 1pm.

Everyone is welcome!





PINK PUMPKIN CONTEST

We would like as many residents as possible to participate in our Pink Pumpkin Contest for October Breast Cancer Awareness Month.

Decorate or Paint a pumpkin pink and leave on your door entryway to show Breast Cancer Awareness.

Staff will vote on October 25, Tuesday.

Please call the office and let us know you are participating.

We will choose two winners to win a prize!

We cannot wait to see all the amazing

PINK Pumpkins!!!

New restaurant in Upland.



Located: *1902 North
Campus Ave. Suite A ·
Upland, CA 91784*

Serving lunch, dinner and Sunday
Brunch.



A new restaurant in Upland, we love
showing support to our growing
community. Come and stop by for this
small business.



Congratulations

Betty Hamlin

Water storage contest winner

\$35 Walmart gift card



HAPPY HALLOWEEN
FROM CDE STAFF



Please join us
For Catholic Holy Communion
Distributed by Eucharistic Ministers

and praying the Holy Rosary together
All are welcome!

Every Second Tuesday of the month
Next gathering is

****Tuesday, October 11, 2022**

10:00 am

in Building B * The Library

For information ~ Nancy Thouvenell (909) 730-3484
Under the direction of Father Alex * St. Joseph Catholic Church
Upland, CA